## **1. Major Scale Routine for ESMAR**

Numbers are scale degrees

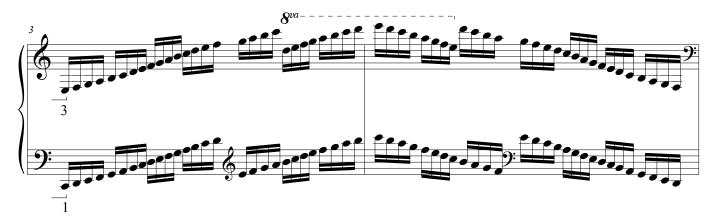
1. Go Up 4 octaves in thirds



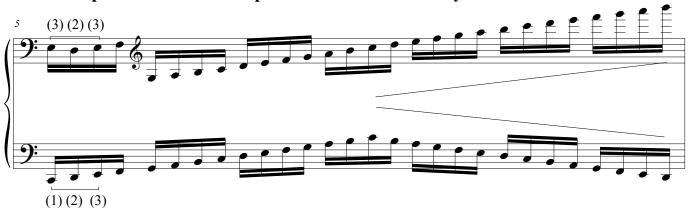
2. Come down 4 octaves in sixths



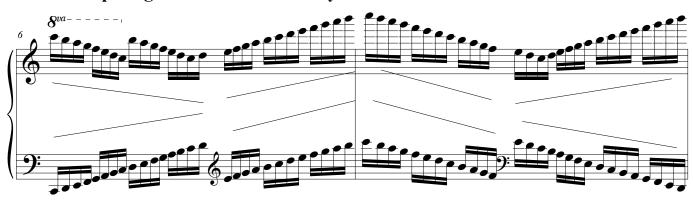
3. Go up and then come down 4 octaves in tenths



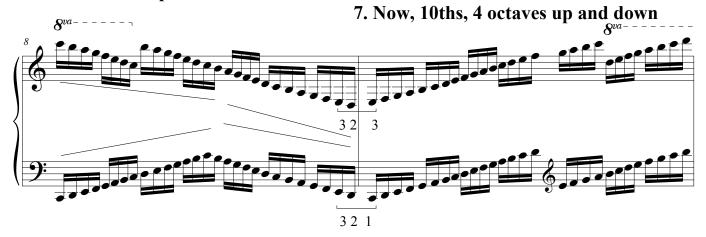
4. Go up two octaves then split and move in contrary motion



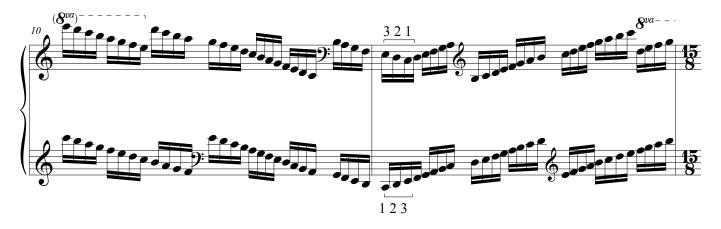
5. Two more octaves, contrary, then parallel octaves up & down two octaves Then split again 2 octaves each way



6. Then parallel down 2 octaves



8. Move smoothly into 6ths from the 10ths Play 4 octaves ascending.



9. By skipping a note in the left hand, come down in thirds

